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| Victorian Support for Carers Program providers |
| Information on local support services for carers |
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# Contact information

Respite services and other support is available for carers across Victoria through the Support for Carers Program.

To find out more about support available in your area, you can contact Carers Victoria on 1800 514 845 or your local providers from the list below.

# List of Victorian Support for Carers Program providers by area

| Service provider | Local government areas | Website | Phone |
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| **Alfred Health** | Port Phillip, Stonnington, Glen Eira, Bayside, Kingston, Greater Dandenong, Casey, Frankston, Cardinia, Mornington Peninsula | [Alfred Health Carer Services](https://www.alfredhealthcarers.org.au/)  www.alfredhealth.org.au | 1800 51 21 21  9:00 am to 5:00 pm Monday to Friday |
| **Anam Cara House Colac Inc.** | Colac Otway, Western part of Surf Coast, Eastern part of Corangamite | [Anam Cara House Colac](https://www.anamcarahousecolac.org.au/)  www.anamcarahousecolac.org.au | (03) 5233 8203  24 hours |
| **Anam Cara House Geelong** | Greater Geelong, Golden Plains, Surf Coast, Colac Otway, Queenscliff | [Anam Cara House Geelong](https://www.achg.org.au/)  www.achg.org.au | (03) 5222 5831  8:30 am to 5:00 pm Monday to Friday |
| **Annecto** | Metropolitan Melbourne Region, Grampians region including Yarriambiack, Hindmarsh, Horsham, West Wimmera, Northern Grampians, Ararat, Pyrenees, Ballarat, Hepburn, Moorabool and Golden Plains | [Annecto](https://www.annecto.org.au/)  https://www.annecto.org.au/ | 1800 266 328  9:00 am to 5:00 pm Monday to Friday  After Hours:  1800 727 280 (metro)  1300 487 017 (Grampians) |
| **Australian Greek Welfare Society (PRONIA)** | Moreland, Whittlesea, Monash, Darebin, Hobson’s Bay, Brimbank, Knox, Whitehorse, Yarra, Port Phillip, Glen Eira, Manningham, Greater Geelong, Mornington Peninsula | [PRONIA](https://www.pronia.com.au/)  https://www.pronia.com.au/ | (03) 9388 9998  9:00 am to 5:00 pm Monday to Friday |
| **Australian Multicultural Community Services** | Western Region including Geelong, and Casey, Dandenong, Monash, Whitehorse, Whittlesea, Frankston, Knox | [AMCS Carer Support Services](https://amcservices.org.au/projects/carer-support-services/)  www.amcservices.org.au | 0403 158 359  9:00 am to 4:00 pm Monday to Friday |
| **Banyule City Council** | Banyule | [Banyule Council Carer Support](https://www.banyule.vic.gov.au/Community-services/Carer-support-program)  www.banyule.vic.gov.au | (03) 9422 8396  9:00 am to 5:00 pm Wednesday to Friday |
| **Baptcare** | Bayside, Glen Eira, Kingston, Stonnington, Monash | [Baptcare](https://www.baptcare.org.au/)  www.baptcare.org.au | (03) 9576 6603  13 22 78  8:00 am to 4:00 pm Monday to Friday |
| **Barwon Health Carer Support** | Greater Geelong, Surf Coast, Queenscliff, Colac Otway | [Barwon Health Carer Support](https://www.barwonhealth.org.au/services-departments/community-health-services/carer-support)  www.barwonhealth.org.au | (03) 4215 7600  (03) 4215 0000  8:30 am to 5:00 pm Monday to Friday |
| **Bayside City Council** | Bayside | [Bayside City Council](https://www.bayside.vic.gov.au/services/older-residents/support-carers-bayside)  www.bayside.vic.gov.au | (03) 9599 4444  (03) 9599 4632  8:30 am to 5:00 pm Monday to Friday |
| **Bendigo Health** | Greater Bendigo, Loddon, Mildura, Buloke, Campaspe, Central Goldfields, Gannawarra, Macedon Ranges, Mount Alexander, Swan Hill | [Bendigo Health Carer Support Services](https://bendigohealth.org.au/CarerSupportService/)  www.bendigohealth.org.au | 1800 068 978  8:30 am to 4:30 pm Monday to Friday and after-hours service |
| **Better Health Network** | Bayside, Cardinia, Casey, Frankston, Glen Eira, Greater Dandenong, Kingston, Monash, Stonnington | [Better Health Network](https://bhn.org.au/services/carer-respite-support/)  www.bhn.org.au | (03) 8587 0251  8:30 am to 4:30 pm Monday to Friday |
| **Brimbank City Council** | Brimbank | [Brimbank City Council](https://www.brimbank.vic.gov.au/living-here/my-family/disability-and-care/support-carers)  www.brimbank.vic.gov.au | (03) 9249 4974  8:00 am to 4:00 pm Monday to Friday |
| **Brotherhood of St Laurence** | Frankston, Mornington Peninsula, Kingston, Bayside, Casey, Cardinia | [Brotherhood of St Laurence](https://www.bsl.org.au/)  www.bsl.org.au | (03) 9782 9322  9:00 am to 4:30 pm Monday to Friday |
| **Calvary Health Care Bethlehem** | Statewide | [Calvary health Care Bethlehem](https://www.calvarycare.org.au/home-care/support-for-carers/)  www.calvarycare.org.au | (03) 9595 3190  9:00 am to 5:00 pm Monday to Friday |
| **Carers Victoria Ltd** | Melton, Maribyrnong, Moonee Valley, Hobsons Bay, Brimbank, Wyndham, Melbourne | [Carers Victoria](https://www.carersvictoria.org.au/how-can-we-help-you/support-services/carer-advisory-service)  www.carersvictoria.org.au | 1800 514 845  9:00 am to 5:00 pm Monday to Friday |
| **Central Gippsland Health** | Wellington Shire | [Central Gippsland Health](https://www.cghs.com.au/)  www.cghs.com.au | (03) 5143 8348  8:00 am to 4:30 pm Monday to Friday |
| **City of Darebin** | Darebin | [City of Darebin](http://www.darebin.vic.gov.au)  www.darebin.vic.gov.au | (03) 8470 8543  9:00 am to 4:00 pm Monday to Friday |
| **City of Melbourne** | Melbourne | [City of Melbourne](https://www.melbourne.vic.gov.au/community/health-support-services/Pages/carers.aspx)  www.melbourne.vic.gov.au | (03) 9658 9190  9:00 am to 5:00 pm Monday to Friday |
| **Connecting2Australia** | Gippsland, South Gippsland regions of Baw Baw, Bass Coast, Latrobe, South Gippsland, Mornington Peninsula, Frankston | [Connecting2Australia](https://connecting2australia.org/connecting-to-respite/)  connecting2australia.org | 1300 111 212  8:30 am to 4:30 pm Monday to Friday |
| **East Grampians Health Service** | Ararat, Northern Grampians, Pyrenees | [East Grampians Health Service](file:///C:\Users\vicnyb5\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\0NLVL27B\eghs.net.au)  www.eghs.net.au | (03) 5352 9327  9:00 am to 5:00 pm Monday to Friday |
| **ermha365** | Casey, Cardinia, Dandenong, Greater Geelong, Golden Plains, Queenscliff | [ermha365](https://www.ermha.org/carer-support/)  www.ermha.org | 1300 376 421  9:00 am to 5:00 pm Monday to Friday |
| **Extended Families Australia** | Banyule, Bayside, Boroondara, Brimbank, Cardinia, Casey, Greater Dandenong, Darebin, Frankston, Glen Eira, Hobsons Bay, Hume, Kingston, Knox, Manningham, Maribyrnong, Maroondah, Melbourne, Melton, Monash, Moonee Valley, Moreland, Mornington Peninsula, Nillumbik, Port Phillip, Stonnington, Whitehorse, Whittlesea, Wyndham, Yarra, Yarra Ranges | [Extended Families Australia](http://www.extendedfamilies.org.au)  www.extendedfamilies.org.au | 0452 236 850  10:00 am to 4:00 pm Monday Tuesday and Thursday |
| **Gateway Health** | Alpine, Benalla, Indigo, Mansfield, Towong, Wangaratta, Wodonga | [Gateway Health](https://gatewayhealth.org.au/services/support-for-carers/carer-support-program/)  www.gatewayhealth.org.au | 1800 657 573 |
| **Gateway Community Services** | Hobsons Bay, Maribyrnong, Brimbank, Melton Wyndham, inner Melbourne | [Gateway Community Services](http://www.gatewaycommunityservices.org.au)  www.gatewaycommunityservices.org.au | (03) 9399 3511  9:00 am to 4:30 pm Monday to Friday |
| **Gateways Support Services** | Warrnambool, Greater Geelong. Moyne, Glenelg, Southern Grampians, Queenscliffe, Surf Coast | [Gateways Support Services](https://www.gateways.com.au/)  https://www.gateways.com.au | (03) 5221 2984  9:00 am to 5:00 pm Monday to Friday |
| **genU** | Swan Hill, Gannawarra, Buloke, Loddon, Horsham, Yarriambiack, Hindmarsh, West Wimmera, Greater Geelong, Queenscliffe, Golden Plains, Surf Coast, Great Ocean Road, Colac Otway, Corangamite | [genU](https://www.genu.org.au/)  www.genu.org.au | 1300 558 368  9:00 am to 5:00 pm Monday to Friday |
| **Goulburn Valley Family Care** | Greater Shepparton, Mitchell, Moira, Murrindindi, Strathbogie | [Goulburn Valley Family Care](https://familycare.net.au/services/carer-support-services/)  www.familycare.net.au | (03) 5823 7081  8:30 am to 4:30 pm Monday to Friday |
| **Grampians Community Health** | Northern Grampians, Pyrenees, Ararat, Yarriambiack, Hindmarsh, Horsham, West Wimmera, Gannawarra, Loddon, Swan Hill, Buloke, Mildura, Robinvale, parts of the Loddon Mallee | [Grampians Community Health](https://gch.org.au/services/carer-support/)  gch.org.au | (03) 5358 7400  9:00 am to 5:00 pm Monday to Friday |
| **Grampians Health Ballarat** | Ballarat, Moorabool, Golden Plains, Hepburn | [Grampians Health Ballarat](https://www.bhs.org.au/services-and-clinics/community-services/carer-support-service/)  www.bhs.org.au | (03) 5333 7104  9:00 am to 5:00 pm Monday to Friday  Phone diverts to after-hours service |
| **Grampians Health Horsham** | Hindmarsh, Horsham, West Wimmera, Yarriambiack | [Grampians Health Horsham](https://www.whcg.org.au/)  www.whcg.org.au | (03) 5333 7104  9:00 am to 5:00 pm Monday to Friday  Phone diverts to after-hours service |
| **healthAbility** | Whitehorse, Nillumbik | [healthAbility](C:\\Users\\vicnyb5\\AppData\\Local\\Microsoft\\Windows\\INetCache\\Content.Outlook\\0NLVL27B\\healthability.org.au\\services\\carer-support\\)  www.healthability.org.au | (03) 9430 9100  9:00 am to 8:30 pm Monday  9:00 am to 5:00 pm Tuesday to Friday  9:00 am to 12:30 pm Saturday |
| **Heathcote Health** | Rural community within 30km radius including mainly Bendigo and small pockets of Campaspe and Mitchell | [Heathcote Health](http://www.heathcotehealth.org)  www.heathcotehealth.org | (03) 5431 0916  8:00 am to 4:30 pm Monday to Friday |
| **Interchange Network** | Melbourne Metropolitan areas, Wodonga, Wangaratta, Geelong, Warrnambool, Gippsland, Bendigo, Mildura | [Interchange Network](https://www.interchange.org.au/)  www.interchange.org.au | (03) 9663 4886  9:00 am to 5:00 pm Monday to Friday |
| **Jewish Care (Victoria)** | St Kilda, Caulfield, Brighton, Hawthorn and surrounding LGAs. Statewide phone support | [Jewish Care](https://www.jewishcare.org.au/)  www.jewishcare.org.au | (03) 8532 9801  9:00 am to 5:00 pm Monday to Friday |
| **Kyabram and District Health Service** | Campaspe, Greater Shepparton | [Kyabram District Health Service](https://www.kyhealth.org.au/departments-services/carer-support/)  www.kyhealth.org.au | (03) 5857 0241  8:30 am to 5:00 pm Monday to Friday |
| **Latrobe Community Health Service** | Baw Baw, Bass Coast, South Gippsland, Wellington, East Gippsland, Latrobe City | [Latrobe Community Health Service](https://www.lchs.com.au/services/aged-care-and-carer-support/carer-support/)  www.lchs.com.au | 1800 242 696  8:30 am to 5:00 pm Monday to Friday |
| **LINK Community and Transport** | Many metro LGAs Buloke, Campaspe, Central Goldfields, Gannawarra, Greater Bendigo, Loddon, Macedon Ranges | [Link Community and Transport](http://www.lct.org.au)  www.lct.org.au | 1300 546 528  7:00 am to 5:00 pm Monday to Friday |
| **Little Dreamers Australia** | Statewide | [Little Dreamers Australia](https://www.littledreamers.org.au/)  www.littledreamers.org.au | 1800 717 515  9:00 am to 5:00 pm Monday to Friday |
| **Mecwacare** | Stonnington, Bass Coast | [Mecwacare](https://www.mecwacare.org.au/)  www.mecwacare.org.au | (03) 8573 4980  8:00 am to 5:00 pm Monday to Friday |
| **Merri Community Health Services** | Yarra, Darebin, Banyule, Nillumbik, Hume, Moreland, Whittlesea | [Merri Health](https://www.merrihealth.org.au/services/carer-support/)  www.merrihealth.org.au | (03) 9495 2555  9:00 am to 5:00 pm Monday to Friday |
| **Merri-bek City Council** | Merri-bek | [Merri-bek City Council](https://www.merri-bek.vic.gov.au/living-in-merri-bek/community-services/people-with-a-disability/support-for-carers/)  www.merri-bek.vic.gov.au | (03) 9240 2338  8:30 am to 5:00 pm Monday to Friday |
| **MiCare** | Eastern and southern metropolitan Melbourne | [MiCare](https://www.micare.com.au/support-for-carer-program/)  www.micare.com.au | 0499 802 220  9:30 am to 4:00 pm Monday to Thursday |
| **Mind Australia** | Banyule, Bayside, Brimbank, Darebin, Frankston, Hobson’s Bay, Hume, Maribyrnong, Melbourne, Melton, Moreland, Wyndham | [Mind Australia](https://www.mindaustralia.org.au/support-carers)  www.mindaustralia.org.au | 1300 554 660  9:00 am to 5:00 pm Monday to Friday |
| **Moonee Valley City Council** | Moonee Valley | [Moonee Valley City Council](https://mvcc.vic.gov.au/live/my-family/carers/)  mvcc.vic.gov.au | (03) 9243 8888  9:00 am to 5:00 pm Monday to Friday |
| **Motor Neurone Disease Association of Victoria** | Statewide | [MND Victoria](https://www.mnd.org.au/support-for-carers)  www.mnd.org.au | (03) 9830 2122  1800 777 175  9:00 am to 5:00 pm Monday to Friday |
| **Mpower Incorporated** | Warrnambool, Moyne, Corangamite, Glenelg, Southern Grampians | [Mpower](https://mpower.org.au/carers/)  www.mpower.org.au | (03) 5561 8111  0408 830 577  8:30 am to 5:00 pm Monday to Friday |
| **NCN Health (Nathalia, Cobram, Numurkah)** | Moira Shire | [NCN Health](file:///C:\Users\vicnyb5\AppData\Local\Microsoft\Windows\INetCache\Content.Outlook\0NLVL27B\ncnhealth.org.au)  www.ncnhealth.org.au | (03) 5862 0560  8:30 am to 5:00 pm Monday to Friday |
| **Out Doors Inc.** | West Metro Region including Maribyrnong, Melton, Moonee Valley, Brimbank, Wyndham, Sunbury, Bacchus Marsh and Mornington with a hub in St Albans | [Out Doors Inc.](https://www.outdoorsinc.org.au/)  www.outdoorsinc.org.au | (03) 9417 2111  9:00 am to 4:30 pm Monday to Thursday |
| **Peter MacCallum Cancer Centre** | Statewide  Respite activities in Metropolitan Melbourne | [Peter MacCallum Cancer Centre](https://www.petermac.org/patients-and-carers/support-and-wellbeing/support-services/carer-and-family/carer-support-program)  www.petermac.org | (03) 8559 6461  Tuesday and Wednesday |
| **Pinarc Disability Support Inc** | Ballarat, Golden Plains, Moorabool, Ararat, Hepburn, Macedon Ranges, Brimbank, Central Goldfields, Melton, Northern Grampians, Pyrenees, Southern Grampians | [Pinarc Disability Support](https://www.pinarc.org.au/)  www.pinarc.org.au | (03) 5329 1300  9:00 am to 5:00 pm Monday to Friday |
| **Rosehaven Hospice** | Mansfield, referrals from the wider North East catchment area. | [Rosehaven Hospice](https://rosehaven.org.au/respite/)  rosehaven.org.au | (03) 5775 3161  9:00 am to 5:00 pm Monday to Friday |
| **Sandybeach Centre** | Bayside Peninsula | [Sandybeach Centre](https://www.sandybeach.org.au/)  www.sandybeach.org.au | (03) 9598 2155  9:00 am to 5:00 pm Monday to Friday |
| **Shannon’s Bridge** | Hepburn, Ballarat, Mt Alexander, Central Goldfields, (Macedon Ranges online support) | [Shannon’s Bridge](http://www.shannonsbridge.com)  www.shannonsbridge.com | 0448 827 956  9:00 am to 5:00 pm Monday to Friday |
| **Southern Migrant and Refugee Centre** | Casey, Greater Dandenong, Cardinia | [Southern Migrant and Refugee Centre](https://smrc.org.au/)  smrc.org.au | (03) 9767 1900  0407 055 930  9:00 am to 5:00 pm Monday to Friday |
| **Spectrum Migrant Resource Centre** | Northern metro area: Banyule, Darebin, Hume, Moreland, Nillumbik, Whittlesea, Yarra | [Spectrum](https://spectrumvic.org.au/service/aged-care-services/support-services/support-for-carers/)  www.spectrumvic.org.au | 1300 735 653  9:00 am to 8:00 pm Monday to Friday  9:00 am to 3:00 pm Saturday and Sunday |
| **Uniting (Victoria and Tasmania)** | Casey, Cardinia, Greater Dandenong, Yarra Ranges, Monash, Knox, Whitehorse, Maroondah, Boroondara, Manningham, East Gippsland, Northern Grampians, Southern Grampians, Ararat, Ballarat, Pyrenees, Golden Plains, Moorabool, Hepburn, Wangaratta, Wodonga, East Gippsland, Wellington, South Gippsland, Latrobe, Baw, Bass Coast, Macedon Ranges | [Uniting](http://www.unitingvictas.org.au/services/carer/)  www.unitingvictas.org.au | (03) 9051 7000  9:00 am to 5:00 pm Monday to Friday |
| **Upper Murray Family Care** | Wodonga, Wangaratta, Benalla, Alpine, Indigo, Towong, Mansfield | [Upper Murray Family Care](https://umfc.com.au/what-we-do/carers-aged-disability-services/support-for-carers/)  umfc.com.au | (02) 6055 8000  9:00 am to 5:00 pm Monday to Friday |
| **Victorian Aboriginal Community Controlled Health Organisation (VACCHO)** | Statewide | [VACCHO - Victorian Aboriginal Community Controlled Health Organisation Inc](https://www.vaccho.org.au/)  www.vaccho.org.au | (03) 9411 9411  9:00 am to 5:00 pm Monday to Thursday  9:00 am to 4:00 pm Friday |
| **Villa Maria Catholic Homes** | Statewide | [Villa Maria Catholic Homes](https://vmch.com.au/support-for-carers/carers/)  vmch.com.au | 1300 698 624 8:30 am to 5:00 pm  Monday to Friday |
| **Warrnambool & District Community Hospice** | Warrnambool | [Warrnambool & District Community Hospice](https://www.warrnamboolhospice.org.au/)  www.warrnamboolhospice.org.au | (03) 5563 3220  9:00 am to 5:00 pm Monday to Friday |
| **Warrnambool City Council** | Warrnambool | [Warrnambool City Council](https://www.warrnambool.vic.gov.au/home-and-community-services)  www.warrnambool.vic.gov.au | (03) 5559 4801  9:00am to 5:00pm Monday to Friday |
| **Wyndham City Council** | Wyndham | [Wyndham City Council](https://www.wyndham.vic.gov.au/services/aged-disability/support-services/care-support)  www.wyndham.vic.gov.au | (03) 8734 4514  7:00 am to 5:00 pm Monday to Friday |
| **Yarra City Council** | Yarra | [Yarra City Council](https://www.yarracity.vic.gov.au/services/people-with-disability/information-for-carers)  www.yarracity.vic.gov.au | (03) 9205 5442  8:00 am to 5:00 pm Monday to Friday |

To receive this document in another format phone 9595 1600, using the National Relay Service 13 36 77 if required, or email Inclusive Systems, Services and Carers [victoriancarerstrategy@dffh.vic.gov.au](mailto:victoriancarerstrategy@dffh.vic.gov.au)

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Available at [Support for Carers Program](https://www.vic.gov.au/support-carers-program) https://www.vic.gov.au/support-carers-program