

# Strategic directions

The Collaborative Centre for Mental Health and Wellbeing was established in September 2022 as a key recommendation of the Royal Commission into Victoria's Mental Health and Wellbeing System.

We exist to drive ground-breaking, transformative change to this system.

The participation of people with lived and living experience, inclusive of families and carers, is central to everything we do.

This document sets out the Collaborative Centre's strategic directions. It provides the foundation for our first three-year strategic plan which will be developed in 2024.

Together with the Lived Experiences Advisory Panel, the Collaborative Centre Board developed this document. It also reflects contributions from our partners and stakeholders.

The Royal Commission envisioned a transformed system that will support the mental health and wellbeing of Victorians for generations to come.

We are committed to making this aspiration a reality.

## Our vision

Every person receives mental health and wellbeing support when, where and how they want it

## Our purpose

The Collaborative Centre drives ground-breaking and sustainable change to Victoria's mental health and wellbeing system

## Our principles

We champion lived experience leadership, partnership and participation

We uphold the principles in the Mental Health and Wellbeing Act 2022 and embed human rights and social justice into everything we do

We build trusted relationships and partnerships with individuals, services and organisations with diverse experiences to create better care, treatment and support

We are transparent

We are unapologetically ambitious: we challenge assumptions and ask bold questions

### We have four strategic areas underpinned by three foundations

#### Transforming treatment, care and support

**We use what we learn to transform services and systems**

- With our partners, we will:
  - Provide better and more equitable access to effective, timely mental health treatment, care and support for adults and older adults
  - Integrate services to improve holistic outcomes
  - Support better system navigation so people can find what they need
  - Deliver services that are inclusive and safe: culturally, spiritually, physically and relationally. This will include considering how different aspects of identity intersect to impact a person's experience of treatment and care
  - Trial new evidence-based models of care, guided by lived and living experience
  - Develop timely feedback mechanisms

#### Generating research

**We lead, undertake and partner on translational research for positive change**

- Create a framework for lived experience-led research
- Map the research landscape and identify known best practice models of care and current evidence gaps
- Develop a research strategy aligned with the Royal Commission recommendations
- Demonstrate how to translate research into practice faster
- Develop the Collaborative Centre's research capacity

#### Engaging people and sharing information

**We share trusted information and engage widely to drive transformation**

- Position the Collaborative Centre as a thought leader and advocate for change to improve mental health outcomes
- Amplify the voices of people who haven't been heard or are rarely given an opportunity to be heard
- Build a leading-edge clearinghouse to share research and practice guides
- Identify the broadest range of stakeholders and share knowledge through collaborative events and trusted communications

#### Strengthening and supporting the workforce

**We lead the development of capable and compassionate workforces**

- Lead and coordinate workforce development by:
  - Mapping the treatment, care and support workforce and related workforces
  - Engaging workforces in innovating practice and improving models of care
  - Delivering training to workforces
- Model leading practice for partnership, leadership and participation with people with lived and living experiences
- Position the Collaborative Centre as an exemplar employer

**Lived experience leadership, partnership and participation**

**Collaborating and connecting across the mental health sector**

**Human rights and social justice**