



Prevent drink spiking

The best way to prevent drink spiking is to follow the RSA principles, and to:

- remove unattended glasses
- report suspicious behaviour
- not sell or promote alcohol in a way that leads to rapid consumption
- be aware of unusual requests, such as beer with a shot of vodka, or double/triple shots
- decline requests to add alcohol to another person's drink.

Staff can help by:

- getting any affected person to a safe, quiet place and staying with them
- calling an ambulance and police if required
- ensuring the person assisting them home is indeed a friend.